

BSC FINE FOODS

7 - 24 AUGUST 2025

CANADA
fair



Canada Fresh Picks

australian
avocados



RMXX.xx
/PC

Australia
Avocado pc



RMXX.xx
/KG

USA Green Seedless
Grape kg



RMXX.xx
/BOX

NZ Zespri Sungold
Kiwifruit 8pcs Large

THE LITTLE
POTATO
CO.

BUY ANY 2 PACKS
@RM34.90

NP: RM22.90/PKT



1



2



3



4



5

1. LPC Little Reds 1.5lbs / 2. LPC Little Yellows 1.5lbs / 3. LPC Little Fingerlings 1.5lbs
/ 4. LPC Little Duos 1.5lbs / 5. LPC Little Trios 1.5lbs



The Little Potato Company

The Little Potato Company is a Canadian family-owned business that specializes in growing and distributing small, creamer potatoes. The company was founded in 1996 by Angela Santiago and her father, Jacob van der Schaaf, who originally immigrated from the Netherlands.

The idea began when Jacob, nostalgic for the small, flavorful potatoes he remembered from his youth, noticed a lack of them in Canadian markets. Together with Angela, they started growing these little potatoes on a small 1-acre plot near Edmonton, Alberta. Their focus was on breeding naturally delicious, convenient, and nutritious creamer potatoes that didn't need peeling and cooked quickly.

Over the years, The Little Potato Co. grew from a local farm into a major North American supplier, with operations in both Canada and the U.S.

Ways To Cook Our Little Potatoes!



Microwave 5 MINS

Place potatoes in a microwave-safe dish. Cover, and microwave on high for five minutes.



Roast 30 MINS

Preheat oven to 400°F. Toss potatoes with oil, salt, pepper, and a few of your favorite seasonings in a large bowl. Evenly spread on a baking sheet lined with parchment paper and roast until tender.



Grill 30 MINS

Preheat grill to 400 °F. Toss potatoes in a large bowl with oil, salt, pepper, and any of your favorite seasonings. Skewer potatoes on pre-soaked wooden or metal skewers, place in a grill-safe pan, or fold in a foil pack, and grill until tender.



Air Fryer 25 MINS

Set Air Fryer to 370 °F. Toss potatoes in a bowl with oil, salt, pepper, and your favorite seasonings. In a hurry? Slice the potatoes lengthwise and they'll be ready in 15 minutes. Just make sure you shake the basket halfway through!



Boil 15 MINS

Place potatoes in a pot and cover with cold water. Add salt and bring to a boil, then cook until fork tender.



Receipe 1



Equipment: Slow cooker

Instructions

STEP 1

Combine potatoes, one cup of cheddar, and remaining ingredients in a slow cooker. Stir well to make sure potatoes are evenly coated.

STEP 2

Cook on high for one hour, stirring every 20 to 30 minutes. Reduce heat to low and cook for another hour, or until potatoes are cooked through.

STEP 3

Stir in remaining cheese, serve, and top with a dollop of sour cream and green onions.

Fully Loaded Slow Cooker Potatoes

A hearty, fully-loaded bowl of cheesy potatoes covered with bacon and green onions. Pair with your favorite main dish or eat on its own for a delicious, comfort-food snack.

PREP
10 mins

COOK
2 hours

SERVES
8

INGREDIENTS
12

Ingredients

3 lbs Little Potatoes

(this recipe uses Little Duos™, but you can use any kind you like)

1/2 cup butter, melted

2 cups cheddar, divided

3 garlic cloves, minced

10 slices thick cut bacon, cooked

1 bunch green onions, sliced

1 1/2 tsp smoked paprika

1 tsp dried oregano

1 tsp chili powder

1 tsp salt

1/2 tsp pepper

To garnish: sour cream & chopped green onions.

Potato, Spinach & Egg Shakshuka

Eggs poached in a spicy tomato sauce with potatoes and spinach. The perfect vegetarian dinner or breakfast.

PREP
10 mins

COOK
30 mins

SERVES
4

INGREDIENTS
12

Ingredients

1 package any flavor Microwave Ready Little Potatoes

1 tbsp olive oil

1/2 white onion, chopped

3 garlic cloves, minced

3 tsp chili powder, divided

1 tsp salt

1/2 cup vegetable broth

1 (28 oz) can crushed tomatoes

4 large eggs

2 cups spinach, chopped

4 oz goat cheese, crumbled

To taste: parsley, for serving

Instructions

STEP 1

Microwave the Little Potatoes according to package directions. Add in the seasoning packet, toss well, and set aside.

STEP 2

While the potatoes are cooking, heat the olive oil in a large, deep skillet over medium heat. Add the onions and sauté until very soft. Add in the garlic, chili powder, vegetable broth and tomatoes. Reduce heat to low, cover and simmer for 15 minutes to let the flavors develop.

STEP 3

Remove the lid and stir in the spinach. Using a spoon, make a small well in the sauce and crack the eggs directly into the sauce. Place the lid back on and cover, cooking the eggs for 10 minutes.

STEP 4

Remove from heat, and gently place in the cooked potatoes and goat cheese. Recover and let sit off heat for 2 to 3 minutes to allow the goat cheese to melt over the eggs and potatoes and the egg whites to continue to set.

STEP 5

Garnish with parsley, if desired, and serve.

Receipe 2



Equipment: Large skillet

Delectable Protein

NZ Frozen/Frozen Thawed
Lamb Shoulder Slice

RM54.99/KG



Aqina
Pineapple Chicken

RM14.99/KG



Aust Chilled Grain Fed
Topside Steak/Diced

RM79.99/KG



Frozen Canada Sea
Scallop 500g (Size: 11/15)

RM75.99/BOX



Frozen Whole Cooked Boston
Lobster 300/500g

RM188.99/KG



Frozen Barramundi Fillet
(Siakap) 280g

RM18.99/PKT



Bakery Picks OF THE Month

Banana
BAR 80G

RM2.59
/EACH



Vanilla
CUSTARD BUN

RM2.99
/EACH



Cinnamon
WHIRL 60G

RM2.59
/EACH



Proudly
MADE IN
Canada



Natursource Maple
Praline Almonds / Pecan Pie
Nut Mix 500g-600g

RM45.99



Turkey Hill Maple Sugar Bag
100g

RM19.99



Turkey Hill Maple Cream
Cookies 110g

RM12.99



Stoked Oats
Organic Oats Assorted 810g

RM18.99



Stoked Oats
Mountain Maple Oatmeal 500g

RM16.99



Canmar Golden Roasted
Whole / Milled Flax
Seed 425g

RM19.99 - RM23.99



Patience Organic
Cranberries / Blueberries
Assorted 85g-227g

RM15.99 - RM25.99



Made Good Organic Cereal
Assorted 5x24g

RM19.99



Natursource Salad Topper
Assorted 575g-625g

RM39.99



Hippie Avocado Sea Salt /
Guacamole Crisps 2.5oz

RM19.99



Hippie Banana Bread Crisps
Assorted 2.5oz

RM18.99



Camp 100% Pure
Maple Syrup 250ml

RM36.99

Citadelle Camp 100%
Maple Syrup Grade 1
Amber Jug 1L

RM89.99



Filsinger Organic
Apple Cider Vinegar
500ml

RM15.99

Patience Organic
Pure Cranberry
Juice 946ml

RM39.99



Turkey Hill Maple Butter
Glass Jar 165g

RM39.99



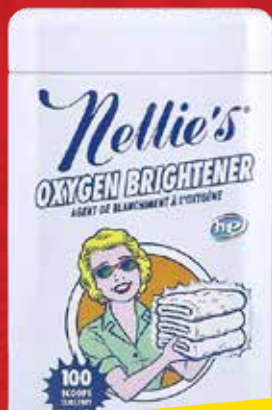
Hardbite Avocado Oil Chips
Assorted 128g

RM12.99



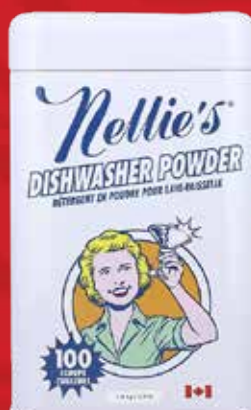
Voortman Sugar Free Wafers
Assorted 255g

**BUY ANY 2
@RM19.99**



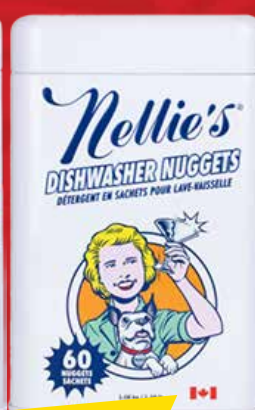
RM69.99

Nellie's Oxygen Brightener
Tin 3.3lbs



RM69.99

Nellie's Dishwasher Powder
100 Scoop / Dishwasher
Nugget 60 Load Tin



RM39.99

Nellie's Baby Laundry Soda
50 Loads Pouch

Chilled Trills



RM18.69

Maison Lescure Salted /
Unsalted Butter Dpo Motte 200g



**RM27.99 -
RM35.49**

Boni Cheese Dop
Assorted 200g



**RM18.29 -
RM21.39**

Black Swan Dip
Assorted 200g



RM10.59

Hungritos Potato Slider Aloo
Tikki Slider 300g



RM16.99

Tyson Chicken
Nuggets 500g



RM23.99

Lamb Weston Wedges
Cut Fries 1kg



RM6.79

Nutriplus Chicken Frank
Assorted 300gm



RM18.99

Avieta Brussels
Waffles 240g



RM19.99

Ristorante Pizza Assorted
345g-390g

**NEW IN
STORE**



RM3.59

Andros Jelly Juice
Assorted 90g



RM15.69

Farm Fresh
Skinny Low Fat/
Fresh Milk 2L

**BUY 2
FREE 1**

RM30.39

Cocobella Coconut
Yoghurt Natural 500g



**RM32.90
/PACK**

Lushberry NFC
100% Mulberry
Juice 1L



Everyday Home Essentials



RM5.99

Mamee Chef Instant Noodles Assorted 4 X 72g - 90g



RM47.99

Bird Of Paradise Royale Basmathii 5kg



RM8.89 - RM9.29

Pristine Oats Assorted 750g/ Oatbran 500g



RM34.99

Knife Cooking Oil 5kg



RM20.99

Barilla Pesto Alla Genovese 190g

RM8.49

Lee Hum Kee Less Salty Soy Sauce 500ml



RM40.99

Colavita Pure Olive Oil 750ml



RM11.59

Steffi's Sugar Free Sri Kaya / Pandan Kaya 220g



RM9.99 - RM15.99

French's Classic Yellow 226g/ Honey Mustard 340g



NEW IN STORE

RM6.99

Heinz Original Salad Dressing 200g

**NEW IN
STORE**



RM14.99

Ironmaxx Protein Chips/
Tortilla Chips Assorted 60g



RM7.99

Black Bear Five Grains Rice Roll
Assorted 160g-170g



RM13.49

Lay's Potato Chips Kanazawa Shrimp Roe/
Hokkaido Garlic Butter Scallop/Kobe Wagyu
Steak 150g

**NEW IN
STORE**



RM13.19

Mulino Bianco Baiocchi Cookies
with hazelnut & Cocoa Cream/
Pistacchio 200g - 240g

**NEW IN
STORE**



RM12.69

The Serras Potato Chips
Assorted 120g



RM15.99

Milk Classic Rice Puff
240g



RM18.99

Nut Walker Roasted & Unsalted
Mixed Nuts Assorted 150g



RM28.99 - RM39.49

Love Earth Natural Nuts
Assorted 230g-350g





- 1 Cadbury Doybag Mini Assorted 10s-30s (125g-135g) **RM10.59**
- 2 M&M's Milk Choc / Peanut / Crisp Funsized 144g - 175.5g **RM13.59**
- 3 Arnotts Tim Tam Assorted 175g - 200g **RM12.99**



RM35.99

Anlene Cholestapro
800g



RM5.49

Dutch Lady UHT Milky
Frozen/Marvel Cocolate/
Strawberry 4x125ml



RM13.99

MilkLab Oat / Almond /
Coconut Milk 1L



RM16.99

Milo Intense
Dark Chocolate
Tin 400g



RM7.59

Sprite/Sprite Zero/
Sprite Zero Lemon Plus
4x320ml

RM4.49

OKF Farmer's
Aloe Sugar
Free 500ml



Home Kitchen Cleaning Needs



RM23.99

Method Hand Soap
Assorted 354ml



RM19.99

Yukazan Body Wash
850ml - 1000ml

RM25.99

Jordan Toothpaste
Pump Step1 Strawberry/
Step2 Grape 188g



RM10.39

Glade Scented Gel
Assorted 180gm



RM43.99

Kerasys Shampoo/
Conditional Assorted 600ml



RM20.99

Sensodyne Complete
Protection Toothbrush
Medium / Soft



RM34.49

Dynamo Liquid
Detergent Assorted 2.5kg



RM11.69

Bio Home Dishwash Liquid
Assorted 900ml



RM10.59 - RM12.89

Joy Dishwashing Liquid
Assorted 780ml

**EXCLUSIVE
TOP PICKS**



RM15.39

Vinda Deluxe Kitchen Towel
6x80s / Roll 6x60s



RM26.99

Kleenex Bath Tissue Clean Care
Assorted 190s - 200s x 20r

RM11.99

Royal Gold
Luxurios
White Tissue (L)
Soft pack 3ply
4x100s



RM41.89

Offspring Fashion
Diapers Tape Assorted
NB56-XL30

RM55.89

Mamypoko Pants
Air Fit Boy/Girl/Unisex
Assorted M58-XXL26

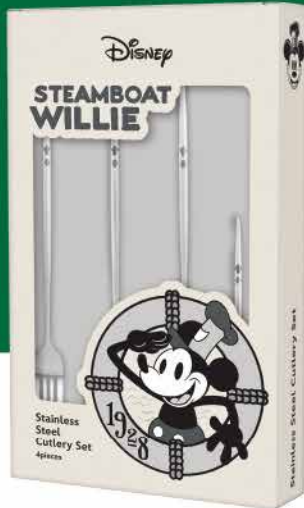


REDEEM

STEAMBOAT WILLIE

Stainless Steel Cutlery Set

with any purchase of Arla Cheese range worth RM30 & above in a single receipt.



Promo period: 16th Jul – 16th Sept 2025

* While stocks last.

NATURALLY TASTE — IN — EVERY BITE



Arla Assorted Shredded Cheese 150g

RM11.29



Arla Cream Cheese 150g (Assorted)

RM 11.29



LET IN THE GOODNESS

REGION

Southern Region Of The Netherlands

TASTE

Buttery, rich, nutty, caramelly taste, often reminiscent of butterscotch



48% FAT GOUDA MATURED

We in Malaysia often use Gouda Cheese similar to Cheddar Cheese i.e., for sandwiches or topping on buns before toasting in the oven. However, Gouda offers a slightly spicy with a sharper taste profile in comparison.

Distributed by:
PIKZERN



REGION

Southern Region Of The Netherlands

TASTE

Smokey aroma, buttery, meaty, earthy, caramelly taste, toasty flavour with tinge of pepper!



45% FAT SMOKED CHEESE WITH PEPPER

Taste like smoked or barbeque meat without the real meat. A favourite amongst children and adults alike. The toasty pepper aroma enhances the taste and aroma. Great as a snack too!

40% FAT BABY EDAM BALL

REGION

North Holland

TASTE

Mild flavour, slightly salty or nutty, and almost no smell.



We often slice it for sandwiches, or grate it on top of pastas or diced it on top of smoked salmon or as salad toppings. Taste great as a healthy snack too!

40% FAT EDAM BALL

REGION

North Holland

TASTE

Mild flavour, slightly salty or nutty, and almost no smell.



We often slice it for sandwiches, or grate it on top of pastas or diced it on top of smoked salmon or as salad toppings. Taste great as a healthy snack too!



reckitt

CELEBRATING A CLEANER FUTURE FOR ALL



DETTOL
Body Wash
800ml-950ml Range
RM 20.39 - 22.99



DETTOL
Hand Wash
250g x 3 Range
RM 25.69



DETTOL
2-in-1 Sanitizer
Spray 50ml
RM 9.99



DETTOL
Propod Laundry Pod
56s
RM 83.59



VANISH
Fabric Stain Remover
Spray 500ml
RM 21.49



VANISH
Fabric Stain Remover
800g-900g Powder Range
RM 43.99



HARPIC
Toilet Bowl Cleaner
450ml/500ml x 2 Range
RM 12.99



FINISH
Ultimate Plus Dishwasher
Cleaning Tablets 18s
RM 59.99



AIR WICK
Freshmatic Starter
250ml Range
RM 24.89

CONTEST PERIOD: 1-31 AUG 2025

WIN

National Day Getaway

**1x GRAND
PRIZE**

**3D2N Banjaran
Hotspring Retreat**
worth RM3,000

**10x
CONSOLATION PRIZE**
**Thai Odyssey Wellness
Gift Voucher**
worth RM200

BUY

Reckitt products RM38 &
above in a single receipt



WHATSAPP

Your name, NRIC and
receipts to 016-3218640



*T&Cs apply

Exclusive for **BSC FINE FOODS**